



LA MAESTRA COMMUNITY HEALTH CENTERS

City Heights · El Cajon · National City · Lemon Grove

La Maestra Family Clinic, Inc. — Is a nonprofit 501(c)(3) and Federally Qualified Health Center (FQHC) serving the low-income, underserved and ethnically diverse communities of central, east, and south San Diego County, California.

In 1986, the organization began serving individuals in the community of City Heights with La Maestra Amnesty Center. The Center provided educational services to help refugees and immigrants gain permanent residency and citizenship. More than 12,000 of the Center's students voiced their need for culturally appropriate health services in central San Diego and as a result, in 1991, La Maestra Family Clinic, Inc. (LMFC) was incorporated.

Today, the organization operates five medical clinics, nine dental suites, four school-based satellites, one mobile medical/dental clinic and a new, state-of-the-art mammography coach.

Circle of Care™— To address the myriad of health care and social service needs of the community, LMFC developed its *Circle of Care™* model. This holistic, solutions-based approach facilitates the organization's ability to address all of those factors that stand between an individual's achievement of improved health, stability and financial independence.

Services offered by LMFC include:

- Food Pantry
- Generations After-School and Summer Program
- Community Garden
- Transportation
- Translation & Interpretation
- Microcredit Program and Microenterprises
- Job Training & Placement
- Health Education
- Nutrition & Exercise Programs
- Art classes
- Transitional Housing
- Legal Advocacy

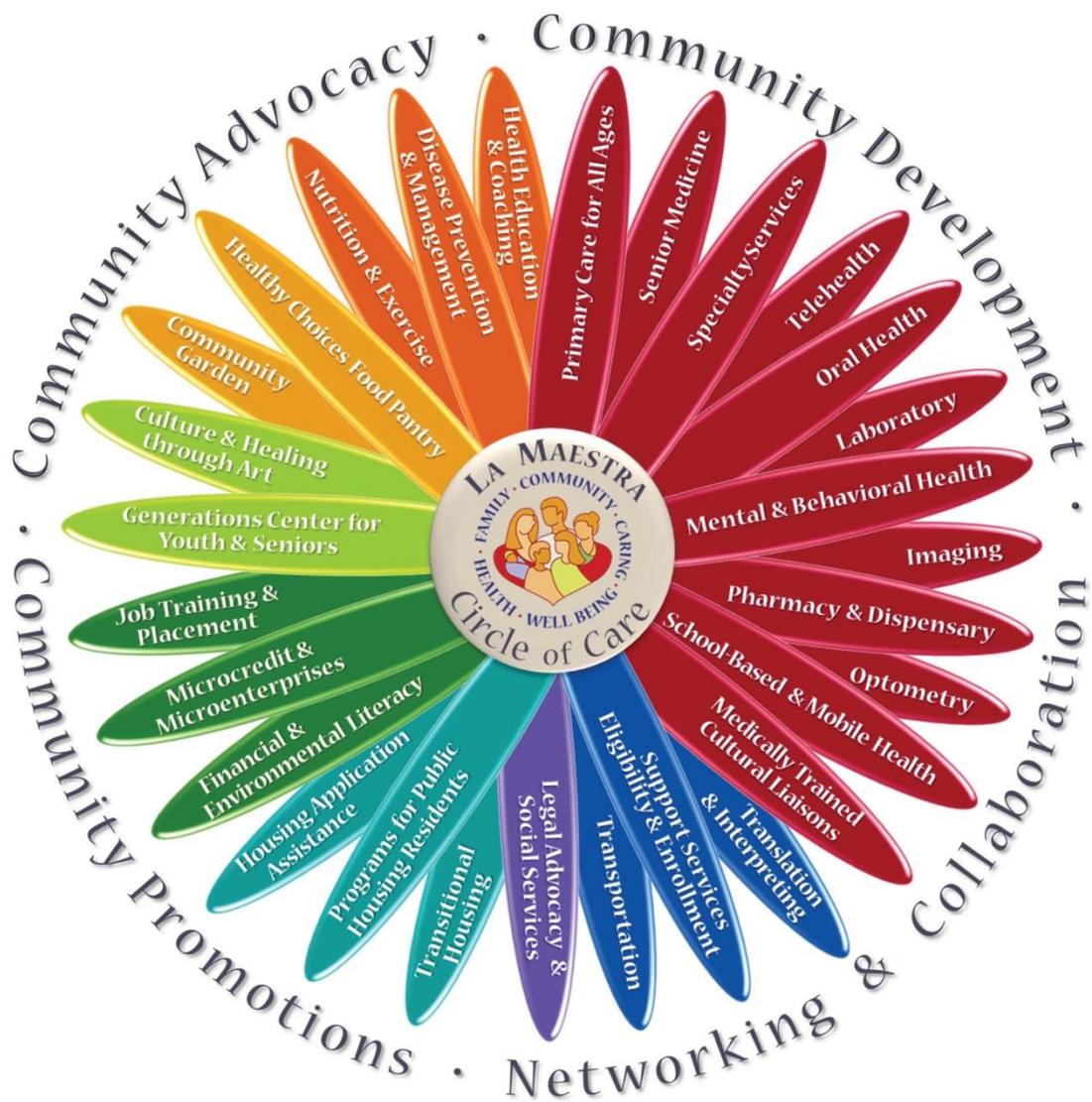
Legal Advocacy— The Legal Advocacy program at LMFC is a human rights department that acts on behalf of survivors and clients in need. Legal Advocacy staff advocate for more than 200 clients annually by helping them identify their rights as human beings and survivors. LMFC is the only USCRI Network Agency south of Orange County. The organization works in the areas of immigration, family law, U-Visa, T-Visa and refugee resettlement. Legal staff provide notary services, financial assistance and case management. In 2015, LMFC received approval from the U.S. Board of Immigration Appeals to provide free-to-low-cost legal representation in immigration related matters.

Need— *\$75,000 to establish an Asylum Outreach Program and hire a full-time attorney to provide legal aid to Asylum seekers in San Diego County.*

- More than 1 million asylum seekers world-wide each year
- Only 25,199 individuals granted asylum status in the United States in 2013
- San Diego County is the largest recipient of refugees in California
- Unlike refugees, asylum seekers are not eligible for health care, food stamps, welfare and other social services until asylum status is granted
- Top Countries of Origin: Mexico, Guatemala, Iraq, Somalia, and Haiti

A vote for LMFC, is a vote for HUMANITY

LA MAESTRA CIRCLE of CARE



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